

MTC JR. TENNIS CLINICS



Session 1 – June 27th – July 30th

Session 2 – August 1st – September 3rd

Each Session is 4 weeks

(Session #1 excludes the week of July 18-21 (Camp #2) Session #2 excludes the week of August 22-25 (Camp #3) – MTC Summer Camp run *Monday – Thursday*)*

RED BALL (AGES 5 – 8)

This is a 45 min class that provides kids with fun activities that increase their movement, balance, and coordination and motor skill development. We work on all shots in tennis to get children ready to serve, rally and score on a 36-foot court. Red balls are used in this class along with a 21 or 23 inch racquet.

ORANGE BALL (AGES 9 – 10)

This 1-hour class provides kids with increased focus on developing proper shot technique, reception skills in singles and doubles. Players will work on serving, rallying and scoring in a play based environment. We will use Orange balls on a 60-foot court. And players will use 21, 23 or 25 inch racquets.

GREEN BALL (AGES 10 – 12)

This 1-hour class will emphasize all aspects of the game and stresses proper shot technique. Focus is placed on live ball drills that develop rallying and decision making skills in singles and doubles. Green Balls are used in this class.

BEGINNER TEENS (AGES 13 & UP)

This class is for players 13 and up at the true beginner level. We will work on the basic fundamentals of the game working on serving, rallying and scoring. We will drill from a dead ball feeding as well as putting the student into play based situations. These different situations will help the players develop a strong understanding of the fundamentals of tennis.

ACADEMY PROGRAM

The academy program is designed to train players who are playing competitive tennis. This could be USTA junior team tennis, USTA junior tournaments (etc.).

These players will excel at tennis through hard work and dedication to the program. The academy will work on all aspects of tennis through hand feeding, basket feeding as well as live ball drills. We will focus on different situations players may find themselves in during a match or match play. During the session players can take advantage of video analysis. This is a great way for instant feedback on a player's development and progress.

JR. CARDIO CLINIC

Cardio Tennis is a high energy fitness activity that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout. It is a very social and fun class for players who are looking to get in tennis shape or stay in tennis shape. Class size is 6-8 players per court using the agility ladder and music. Players signing up for this class need to be comfortable using the yellow ball and be able to rally well.

12 and above, Academy and High School Players



CLASSES	DAYS	TIMES	Price Session 1 (4 wks)		Price Session 2 (4 wks)	
			MEMBER	NON-MEMBER	MEMBER	NON-MEMBER
Red Ball (ages 5 – 8)	T, TH, W & SAT Any 2x a wk Any 1x a wk	T & TH 4:30 – 5:30 pm Wed 9:00 – 10:00 am Sat 12:00 – 1:00 pm	2x wk - \$128 1x wk - \$64	2x wk - \$168 1x wk - \$84	2x wk - \$128 1x wk - \$64	2x wk - \$168 1x wk - \$84
Orange Ball (ages 9-10)	T, TH, W & SAT Any 2x a wk Any 1x a wk	T & TH 5:30 – 6:30 pm Wed 10:00 – 11:00 am Sat 1:00 – 2:00 pm	2x wk - \$128 1x wk - \$64	2x wk - \$252 1x wk - \$126	2x wk - \$160 1x wk - \$80	2x wk - \$210 1x wk - \$105
Green Ball (ages 10 - 12)	T, TH, W & SAT Any 2x a wk Any 1x a wk	T & TH 6:30 – 7:30 pm Wed 11:00 – 12:00 pm Sat 2:00 – 3:00 pm	2x wk - \$128 1x wk - \$64	2x wk - \$252 1x wk - \$126	2x wk - \$160 1x wk - \$80	2x wk - \$210 1x wk - \$105
Beginner Teens (ages 13 & up)	Friday Saturday	Fri 4:00 – 5:30 pm Sat 11:00 – 12:00 pm	Fri - \$96 Sat - \$64	Fri - \$174 Sat - \$126	Fri - \$120 Sat - \$80	Fri - \$145 Sat - \$105
Academy Program	Mon, Wed, Fri Any 2x a wk Any 1x a wk	4:00 – 5:30 pm	2x wk - \$192 1x wk - \$96	2x wk - \$232 1x wk - \$116	2x wk - \$192 1x wk - \$96	2x wk - \$232 1x wk - \$116
Jr. Cardio Clinic	Tuesday	4:00 – 5:30 pm	Tues - \$96	Tues - \$116	Tues - \$96	Tues - \$116

***Don't forget to sign-up for our Summer Camps – Camp 1 – June 20-23 * Camp 2 – July 18-21 * Camp 3 – August 22-25**



FOR MORE INFORMATION ABOUT ANY OF THESE CLINICS PLEASE CONTACT:
 Stuart Bowden, Director of Tennis at 763.6006 or email – stuartb@midlothiantennis.com
 Frank Taylor, Pro at 763.6006 or email – Frankt@midlothiantennis.com
 Call 804.763.6006 for more information or to sign-up



MIDLOTHIAN TENNIS CLUB JUNIOR CLINIC REGISTRATION FORM

Student's Name _____ Member Non-Member

Parent's Name(s) (Mom) _____ (Dad) _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone (Mom): _____ Cell Phone (Dad): _____

Email (Mom): _____ Email (Dad): _____

Birthdate: _____ Class: _____ Price: _____

Charge My: Club Account Check Enclosed (check payable to Midlothian Tennis Club (MTC))

Amount Paid: _____ Check # _____

Visa Master Card (3% processing fee will be added to price if paying by credit card)

Card #: _____ Expiration Date: _____

RELEASE: In consideration of making facilities and/or services available, I do hereby for and on behalf of myself and my heirs and legal representative, release and forever discharge Midlothian Tennis Club (MTC), its owners, managers and representatives from any and all claims and demands of every kind, nature and character which I may have or hereafter acquire for any and all damages or losses which may be suffered or sustained by me in connections with my activity and all such claims are hereby waived and released.

I also have carefully read the "Junior Clinic Terms & Conditions" (below) and sign below with full knowledge of its contents and significance.

JUNIOR CLINICS TERMS AND CONDITIONS

REGISTRATION: To register, please complete the registration form and sign it. Please return the completed form with a check (payable to Midlothian Tennis Club (MTC) or club account to front desk. We accept Visa and Master Card. Acceptance into the class is based on meeting qualifications as noted in class description and/or upon approval of the Director of Tennis.

PAYMENTS: All class fees are due with the registration form on or before the first day of class. A \$10 service fee will be added to any account not paid in full by the start of the first class.

EXCEPTION TO THIS ARE:

- If a student enrolls in a class after the start of the session and is unable to make-up classes that were missed, then a pro-rated fee may be approved by the Director of Tennis.
- Players who are drop-ins (Must call 24 hrs. in advance to check availability of class)
- Drop-ins will pay class "drop-in rate" and non-members will pay any guest fees associated with class.
- To withdraw, a student must notify the Director of Tennis in writing after the second scheduled class and prior to the third scheduled class. After the third scheduled class, the student is liable for full tuition.

FEES ARE NON-REFUNDABLE EXCEPT AS FOLLOWS:

- For medical disabilities, a pro rata or credit less 10% processing charge shall be given from the date the refund is requested when accompanied by a doctor's statement explaining the nature of the disability or injury.
- A pro rata refund or credit shall be issued to a student who is asked to withdraw from a class due to not meeting entry level requirements. No refund will be issued if a student is asked to withdraw due to behavior/tennis etiquette reasons.

MISSED CLASSES: There are **NO** refunds on missed classes. Any classes that were missed during the session can be made up on another day within the **current** session. But you must inform the pro before attending a makeup class as we have to account for courts and any additional pros.

INCLEMENT WEATHER: Please call the Front Desk at 804.763.6006 to see whether the lesson will be held.

CLASS ADJUSTMENTS: Any class that has less than four (4) pre-registered students (this excludes make-up student) may have a shortened class time or rescheduled class. For adjustment times, please see the Director of Tennis.